

Appendix 2: Summary of quality-of-life scores for the online Whole Life Disability and Neurodiversity Strategy survey (January 2023)

Age	Happy, safe and well	Respected and listened to	Where live like home – can do what want	Have the information needed	In contact with friends and family			Able to learn and develop	Know what's available	Right support-help given when needed	Choice and control do what want to do	People supporting listen to needs
Under 13's	3.1	2.4	2.3		3.7			2.8		2.6	2.6	
14-17	3	2.7	3.1		3.9			2.9		2.3	2.3	
Carers 0-17's	3	2.8	3.3		3.2			2.6		2.2	2.2	
18-24	3.7	3.5	4.1	3.2	4.1			3	2.7	2.6	2.4	4.2
25-64	3.3	3.2	3.6	3	3.5			2.9	2.6	2.6	2.9	3.5
65+	3.4	3.4	3.8	3.3	3.7			2.5	2.4	2.5	3.3	3.8
Carers 18's+	3.3	3.1	4.3	3	3.5			2.7	2.5	2.7	2.6	3.7
Average (all ages)	3.3	3	3.5	3.1	3.7			2.8	2.6	2.5	2.6	3.8
Professionals and organisations	Provide support in best way we can	Listen, respect, value and don't assume	Wellbeing and strengths based-practice	Provide accurate, age appropriate information	Encourage building / maintaining of relationships	Ensure people feel safe from discrimination	Create opportunities to influence others to be inclusive		Ensure people have fun things to do and enjoy	Support to plan and adjust to significant changes	Manage risks whilst still doing things that matter	Co-ordinating plans with others and individuals
	3.8	4.7	4.6	3.9	4	4.5	3.4		3.6	3.8	4.4	4

Note: 1) Quality of life answers were rated from 1 (low) to 5 (high) and cell colours in the table are as follows: average scores 1-2.3 rated low or red; average score 2.4-3.6 rated medium or amber; average score 3.7-5 rated high or green. White cells are where we did not ask this question.

2) Red strips at the bottom of amber cells indicate that half or more of the responses were rated low (between 1-2), therefore the average scores which look to be rated medium for these cells need to be interpreted with some caution.

3) Professionals and organisations were asked about the relevance of their roles in supporting disabled and neurodivergent people. Their responses are mapped against the quality-of-life scores for comparative use.

4) Carers responses represent their views on the quality of life of the individual they care for, not on their own quality of life.

5) 'Under 13's', '14-17', '18-24', '25-64' and '65+' responses represent the views of disabled and neurodivergent people themselves.